



UNIVERSITY OF
PORTSMOUTH

PULSE ISSUE 12

Latest news from the School of SHES

Top 10 Sport and Exercise Science course in the UK (*Guardian University Guide 2020*)

WELCOME

Welcome to the twelfth issue of Pulse, the newsletter of the University of Portsmouth's School of Sport, Health and Exercise Science (SHES). Whether you are a current, future or former student, or you are simply interested in SHES, we hope you find this read interesting and informative.

With Pulse, our intent is to help keep you up-to-date with the many exciting and interesting projects in which our staff and students are involved. Please remember that this is your newsletter too, so if you have any projects or successes to share, or suggestions for features, please email jenny.burbage@port.ac.uk and don't forget, there is more to watch and read online at <http://www2.port.ac.uk/department-of-sport-and-exercise-science/>



DSES BECOMES SHES!

AS PART OF THE FACULTY OF SCIENCE AND HEALTH RESTRUCTURE, TAKE PLACE IN THE SUMMER PERIOD, THE DEPARTMENT OF SPORT AND EXERCISE SCIENCE HAS BEEN RENAMED TO BECOME THE SCHOOL OF SPORT, HEALTH AND EXERCISE SCIENCE.

The new name provides an enhanced recognition to, for example, the breadth of education, research and innovation activities conducted within the School, the expanded staffing portfolio that has taken place in recent years, and the wide-ranging employment fields pursued by our graduates. The revised name also provides an underpinning rationale for the School's strategic objectives for the next 5-years as it looks to position itself firmly within the top-10 UK and top-100 Schools for the discipline area.

CHRIS HUGHES RETIRES

After over 15 years working for the School of Sport, Health and Exercise Science, Chris Hughes announced his retirement during the summer of 2019. Chris joined the school in 2003 from Macclesfield Borough Council and has been an integral part of the School's evolution, acting in the roles of Course leader, International Coordinator and Associate Head (Education).

Chris's knowledge of the sports industry, eye for fine detail and passion for sports education has inspired a generation of both students and staff and he will be sorely missed. From all of us within the school we wish Chris well on his next adventure and congratulate him on a fantastic and inspiring career.

STUDENT SUCCESS

ALUMNI PROFILE

The School of Sport, Health and Exercise Science has a strong employment record and we are proud of the successes of our former students. In this regular feature, we catch up with one of our alumni to find out what they have done since completing their degree at the University of Portsmouth.

ALUMNI PROFILE

Name: Amy Dickinson

Course: BSc (Hons) Sport & Exercise Science (Graduated July 2018)

Job Title: Graduate Sport Therapist

Typical day: I have been fortunate to secure two part-time jobs at clinics as well as running my own business and working as a sports massage therapist at Harlequins FC. It's a long day often extended into the late evening. If I'm lucky I can fit a gym session in as well!

Best things about your job: The variety and range of sport and medical conditions seen keeps me engaged and challenged.





HIGH-QUALITY TEACHING

STAFF PROFILE

I have a BSc (Hons) from Liverpool, an MSc in Exercise Physiology from Loughborough University and a PhD in Walking and Metabolic Syndrome Risk Factors from Canterbury Christ Church University

I teach mostly at the postgraduate level on the MSc Clinical Exercise

at Loughborough University (Leicester) and the MSc

at

RESEARCH FOCUS

WE ARE PROUD TO HAVE BEEN A MEMBER OF OUR ACADEMIC AFFILIATION INVOLVED IN RESEARCH IN SOME CAPACITY. HIS RESEARCH INFORMS OUR TEACHING AND HELPS OUR STUDENTS REMAIN AT THE CUTTING EDGE OF SPORTS, HEALTH AND EXERCISE SCIENCE. I AM A MEMBER OF STUDENTS INVOLVED IN RESEARCH AS PARTICIPANTS FOR HIS WORK. READ ABOUT SOME OF OUR